



# English Karate Clubs Championships 2018

CAT/		EVENT	AGE	GRADE
	<i>TEAMS</i>			Grade & Height
49	JUNIOR MIXED TEAM	KATA	15 YEARS UNDER	NOVICE to 8 KYU ( 2 person )
50	JUNIOR MIXED TEAM	KATA	15 YEARS UNDER	7 KYU to 6 KYU ( 2 person )
51	JUNIOR MIXED TEAM	KATA	15 YEARS UNDER	5 KYU to 4 KYU ( 2 person )
52	JUNIOR MIXED TEAM	KATA	15 YEARS UNDER	3 KYU to Dan Grade ( 2 person )
53	SENIOR MIXED TEAM	KATA	16 YEARS OVER	NOVICE to 1 KYU ( 2 person )
54	SENIOR MIXED TEAM	KATA	16 YEARS OVER	3 KYU to Dan Grade ( 2 person )
55	MIXED TEAM	KATA	ANY AGE	ANY GRADE ( CHAMPIONS CUP ) ( 2 person )
56	JUNIOR MIXED BASIC TEAMS	KUMITE	ANY AGE MIXED	NOVICE to 4 KYU ( 2 person )
57	JUNIOR MIXED BASIC TEAMS	KUMITE	ANY AGE MIXED	3 <sup>RD</sup> KYU to DAN GRADE ( 2 person )
58	JUNIOR MIXED TEAMS ROTATION	KUMITE	10 YEARS UNDER	MIXED ( 2 person )
59	JUNIOR MIXED TEAMS ROTATION	KUMITE	12 YEARS UNDER	MIXED ( 2 person )
60	JUNIOR MIXED TEAMS	KUMITE	15 YEARS UNDER	1 Jun Under - 4ft 10 ) (1 Jun Under 5ft ) (1 Jun Over 5ft )
61	MALE TEAMS	KUMITE	15 YEARS UNDER	( 1-15 years Under )(1-18years Under)( 1- Over 18 years )

## **KUMITE BASIC TEAM - NEW EVENT 55 - 56 - Point System Will Apply**

**Any Basic Kumite 2 Person 1 minutes to 1.30.**

### **Category 56 – Basic Kumite- Novice to 4<sup>th</sup> Kyu – YOUR CAN DO**

- Gohon Kumite (5 Step basic)
- Sanbon Kumite (3 Step basic)
- Kihon Ippon Kumite (1 Step basic )
- Any Block defence

### **Category 57 - Advanced Kumite - Any grade – YOUR TEAM CAN DO**

- Any Block defence
- Self Defence
- Jiyu Ippon (semi free sparring)
- Bunkai

To be judged on the following criteria

- a- Good form
- b- Vigorous application
- c- Awareness (Zanshin)
- d- Good timing
- e- Correct distance

Plus also level of complexity of the defence or bunkai shown.