



Back to the Dojo.

Please be advised.

All activities within the Dojo **MUST** conform to the latest Government advice and active recommendations within the British Wado Federation's own '**Covid-Aware**' protocols.

All participants (club personal, committee/s, instructors and students, etc.) must already have the **British Wado Federation's 'Covid-Aware Certificate'** prior to entering the Dojo.

All others, such as visitors, parents, etc., must also be made aware of these implications prior to entering the Dojo: For 'peace of mind' Instructors may wish to issue the Covid-Aware information to all other Dojo users/visitors, etc., prior to entering.

The BWF is introducing suggested 3-phase procedures, which are recommended for all associations & groups. These phases will eventually lead to a full *return to normal* training situation. However, until our full return to normality, BWF are recommending the following phases to be implemented.

Phase-1: Social distancing non-contact *indoor* Dojo training, such as line-work, Kata, etc.

Phase-2: Using training equipment, such as the use of striking-dummies, striking-pads, makiwara, etc.

Phase-2a: Restricted 1-partner only partner-work (i.e. the same partner used throughout the full training session).

Phase-3: Return to normal training (including sparring & competition, etc.).

As from the **25th of July** we will be entering into the '**Phase-1**' period of the easing of lockdown.

It must be emphasised that these 'phases' must also accompany all the strict requirements of the BWF's Covid-Aware implementations. The phases must also comply **FULLY** to **ALL** the **Government's policies of 'safe practice'**. Failure to comply may also **INVALIDATE** BWF Insurances.

For clarity, please refer to the Covid Aware information, which has been openly available to all BWF Members from the British Wado Federation Website.

For further detailed & essential Government information.

<https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/providers-of-grassroots-sport-and-gym-leisure-facilities>